

MEN: 5 WAYS TO CONNECT WITH YOUR WIFE



IDEAS:

1

BRING HER COFFEE AT WORK

2

LEAVE NOTES AROUND THE HOUSE FOR HER

3

PLAN A ROMANTIC PICNIC

4

PREPARE A ROMANTIC DINNER AT HOME

5

GIVE HER A MASSAGE

CONNECTION QUESTIONS

- WHAT ARE YOU LOOKING FORWARD TO RIGHT NOW?
- WHAT CAN I DO TO MAKE YOU FEEL MORE LOVED?
- HOW CAN I SUPPORT YOU?
- HOW DO YOU THINK WE'RE DOING RIGHT NOW?
- WHAT COULD MAKE OUR RELATIONSHIP BETTER?

ACTION PLAN:

PUT IT ON YOUR SCHEDULE!

mon

tues

wed

thurs

fri

sat

sun

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DATE: _____

ACTIVITY: _____



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